



What is the **SPEAK WITH CONFIDENCE** Programme?

- ❖ A workshop that enables young people to develop their communication skills.
- ❖ Gain public speaking skills through speech preparation, effective delivery and constructive feedback.
- ❖ Prepare students for college/university where they are required to deliver presentations or speak in public.
- ❖ Hands-on experience to develop as a more effective and confident speaker.

Date: 27-28 Nov (9am - 5pm)

Venue: YMCA, Penang

RM350 per participant w/o lunch
Includes: Certificate & printed materials

13 - 19 years

Learn public speaking skills

Conquer the fear in public speaking

Learning Outcomes

Build self-confidence and overcome nervousness

Learn the elements of an effective speech

Improve listening skills and provide feedback

Organise and present ideas logically

Learn to prepare and draft a speech

Deliver a speech in an effective and convincing manner

Speak in an impromptu situation

**To obtain further information on MAPICS training programs, please contact:-
Nancy Goh, hp 012 427 2489 or Lily Tan, hp 012 484 2741**

The Coach - Sue Chan



Sue Chan has been in the corporate world for 35 years working with top management. Her passion in public speaking stems from her vast exposure in training, coaching, emceeing, and educating young people. She finds great satisfaction in coaching young people to develop public speaking skills to be more effective communicators.

She believes that it is important to expose the young to public speaking. This will help them acquire the necessary skills to speak confidently in front of an audience, whether in schools, colleges, universities and eventually, the work place.

She holds a Degree in English Studies and is certified TESOL specialising in Business English. She is also a HRDF certified trainer. She has been with Toastmasters International for 20 years and has conducted training programs for leaders, both locally and overseas. She is also a Senator with Junior Chamber International for 30 years and has conducted several public speaking programs for its members.

Community Involvement and Accomplishments:

Has played an active part in non-government organizations and held leadership positions at local and international levels.

- Junior Chamber International (30 years) JCI Senator
- Secretary General of JCI Asia-Pacific Senate
- Toastmasters International (20 years) DTM
- District Governor (Peninsular Malaysia)
- Region Advisor (South-East Asia)

- Conducted training for above NGOs locally and internationally.
- Awarded Champion in several TM speech contests at Area and Division levels.
- Runner-up for Evaluation at District level.

PARTICIPANTS IN ACTION

Using public speaking skills they have learnt



COACHING UNIVERSITY STUDENTS



MAPICS CONSULTANCY SDN. BHD. (Company No. : 542156-K)

YMCA Building, 211 Jalan Macalister, 10450 Penang

Tel: 604-227 3489

email add: mapics@mapics.com.my

www.mapics.com.my